

Reading into Success Story Guides

Social Emotional Learning

Before Reading:

- Read the title aloud, along with the author and illustrator. Ask for a prediction on what the book will be about, after showing the cover.
- Do a picture walk by flipping through the pages looking at the illustrations. Let the child make observations. You do not have to read text, unless you want to draw attention to any special features.
- Have you ever been nervous or worried before you did something new? Did you do anything to help make that feeling go away?

During Reading:

- Do you have some of the same worries as the critters?
- Do you think your teacher is nervous too for the first day of school?

After Reading:

- What did the critters do to help each other out because they were all nervous?
- What did the critters learn about being nervous?

Putting into Practice:

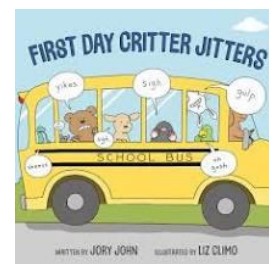
- Do we all have worries sometimes? What could we do if we have worries?
- Do worries go away after we get used to something or someone? What should we do if our worries do not go away?



Contact Us

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A storybook guide for **First Day Critter Jitters** written by Jory John and illustrated by Liz Climo.

SEL Competencies

Self-Awareness,
Relationship Skills,
Responsible
Decision-Making

Themes

Back to School,
Worry, Nervousness,
Making Friends,
Team Work

Book

Description

All the critters are nervous for the first day of school. When they get to school, they discover they are not the only ones nervous. Through teamwork, they get through the day.