

# Reading into Success Story Guides

## Social Emotional Learning

### Before Reading:

- Read the title aloud, along with the author and illustrator. Ask for a prediction on what the book will be about, after showing the cover.
- Do a picture walk by flipping through the pages looking at the illustrations. Let the child make observations. You do not have to read text, unless you want to draw attention to any special features.
- Have you ever been nervous or scared to try something?

### During Reading:

- How does Jabari really feel about jumping off the diving board? How do you know?
- What things does Jabari do to help overcome his fear of the diving board?

### After Reading:

- How did Jabari feel after going off the diving boards? How do you know?
- What can we learn from Jabari and his story?

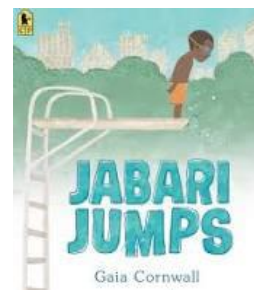
### Putting into Practice:

- What are some emotions or feelings you might have when trying something new?
- What are things or ideas we can try if we start to lose courage?
- Is being scared or nervous okay? What can we do if we are scared or nervous?

## Contact Us

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A storybook guide for **Jabari Jumps** written and illustrated by Gaia Cornwall.

## SEL

## Competencies

Self-Awareness, Self-Management, Responsible Decision-Making

## Themes

Courage, Giving your best, Problem solving, Persistence, Strength

## Book

## Description

Jabari wants to go off the diving board. He problem solves until he can find the courage.