

Reading into Success Story Guides

Social Emotional Learning

Before Reading:

- Read the title aloud, along with the author and illustrator. Ask for a prediction on what the book will be about, after showing the cover.
- Do a picture walk by flipping through the pages looking at the illustrations. Let the child make observations. You do not have to read text, unless you want to draw attention to any special features.
- Have you ever been picked on or made fun of? Can it be hard to stand up for yourself sometimes?

During Reading:

- Why do you think none of the other colors stood up to Red?
- What happened to Red because no one stood up to him? (*He got bigger and started to bully everyone*)

After Reading:

- Why do you think Red did not like One?
- What do the colors learn from One?
- Why do you think the book is called One? (*One, the character OR one person can make a difference*)

Putting into Practice:

- How can we be more like One?
- Why is it important to stand up for others?
- Does being bullied or mistreated change our worth as a person? What can we do to help remember this?

Contact Us

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A storybook guide for **One** written and illustrated by Kathryn Otoshi.

SEL Competencies

Self-Awareness, Self-Management, Social Awareness, Relationship Skills

Themes

Friends, Bullies, Self-Advocacy, Courage

Book Description

Blue is bullied and sometimes questions his worth. When One shows up, things start to change.