

Reading into Success Story Guides

Social Emotional Learning

Before Reading:

- Read the title aloud, along with the author and illustrator. Ask for a prediction on what the book will be about, after showing the cover.
- Do a picture walk by flipping through the pages looking at the illustrations. Let the child make observations. You do not have to read text, unless you want to draw attention to any special features.
- What do you do when you have a problem?

During Reading:

- What is happening to the boy's problem because he ignores it?
- What feeling is the boy having? Why is he worrying?
- Why does the boy decide to solve his problem?

After Reading:

- What did the boy learn about worrying instead of trying to solve the problem?
- How can problems be good? (*opportunity to grow*)

Putting into Practice:

- When you have a problem, what should you do? Is it okay to ask an adult for help, if you are unsure how to solve the problem?
- Why does worrying make problems bigger? What can you do if you have worries?
- What can we do if a problem seems too big to solve?
- Are some problems too big to solve at one time? Does that mean the problem will not be solved? What can we do to feel better about problems that need to be solved in steps?

Contact Us

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A storybook guide for **What Do You Do With a Problem?** written by Kobi Yamada and illustrated by Mae Besom.

SEL Competencies

Self-Management,
Responsible
Decision-Making

Themes

Problem Solving,
Worry, Persistence,
Courage, Optimism

Book

Description

Problems can be scary, especially if we ignore them or start to worry about them. Nevertheless, problems can bring opportunities if we look closely.